



Mosaïque Consulting LLC

Presenting Like a Pro!

Do these words or feelings describe you before a presentation?

Terrified ▲ *Throat dries up* ▲ *Avoid it at all costs* ▲ *Nervous* ▲ *Afraid* ▲ *Voice goes*
▲ *Shake like a leaf*

If so, you are not alone!! Presenting is the #1 human fear - it is quite natural for you to feel very nervous or even terrified presenting to a group you know well or a group you do not know at all. All of us will – at some time or another – chair a meeting, lead a project team, deliver presentations, training, or a workshop and this session is going to help you uncover the ‘great’ speaker within you!

This interactive session will help you to overcome your fear of presenting by providing you with simple and easy to use tools to help you overcome your nervousness, get your message across memorably, structure your materials for the best impact, and how to effectively present to an audience.

Workshop Objectives:

- Control your nerves and deal with common fears and to speak more confidently in front of an audience
- Plan and structure a presentation
- Identify strategies for defining your audience and how to engage your audience
- Developing your introduction, body, and close
- Using visual aids effectively
- Using ice-breakers/warm ups to relieve nervousness
- Handling questions and answer sessions with confidence



Target Audience:

- Anyone who gives presentations, speaks in front of groups, new trainers, or experienced trainers who need to brush up on their skills

Workshop Length:

- 4 hours – 2 days